

Medical Insurance

The District offers a choice of two health plans: Kaiser Permanente HMO Health Plan or SISC/Blue Shield PPO Health Plan. Both are prepaid plans and with each plan you merely present your ID card to your provider, pay the applicable co-payment (if any), and receive services.

You can preview a benefits summary for each plan - SISC Kaiser Permanente or SISC Blue Shield/Navitus - or view a comparison of the two health plans on the Human Resources web page:

<http://www.santarosa.edu/hr/employee-benefits/index.shtml>

An additional benefit provided to all SISC Kaiser Permanente and SISC Blue Shield health plan members is the Employee Assistance Program (EAP). This program provides up to 6 free sessions with a provider per problem situation. Additional information regarding the EAP can be found on the Human Resources web page.

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